

## AGIF STEPHEN MINISTRY – COMMUNITY RESOURCE LIST

### Drug/Alcohol Addiction

Alcoholics Anonymous (AA) – Shanghai  
Provides support for people working to overcome alcoholism; in treatment for alcoholics, this has one of the best track records of success; AA is a well-known 12-step program

AA-Pudong Jinqiao Meetings – Sacred Heart Church of Jesus Catholic Church [Biyun Lu & Hong Feng Lu] Meetings: Mon/Wed 7 pm, Sat 8:30 pm, Sun 5:30 pm Contact: Rick V [rhvogel@aol.com]

<http://www.aashanghai.com>

Al-Anon Family Group – Shanghai  
Provides fellowship of relatives and friends of alcoholics who share experiences, strength, and hope in order to solve their common problems; Al-Anon believes alcoholism is a family illness and that changed attitudes can aid recovery; Al-Anon practices the 12 steps; welcomes and comforts the families of alcoholics.

<http://www.aashanghai.com/al-anon.html>

Narcotics Anonymous (NA) China  
Provides support for people with drug use concerns. Support is available in English and other languages.

<http://www.nachina.com>

### Domestic Violence/Child Abuse

\*Under the direction of a Stephen Leader, contact the consulate of the Care Receiver's nationality for instruction. As needed, the Chinese local police may also be contacted.

#### Police:

Police Emergency: dial 110

#### Consulates:

(Note: most countries' consulate contact info can be found at [www.embassypages.com](http://www.embassypages.com))

#### USA

Tel: 86 21 3217 4650

After Business hours: 86 10 8531 4000

<http://shanghai.usembassy-china.org.cn/>

#### Australia

Tel: 86 21 2215 5200

<http://www.shanghai.china.embassy.gov.au/shanghai/home.html>

#### Canada

Tel: 86 21 3279 2800

<http://www.canadainternational.gc.ca/china-chine/>

#### Germany

Tel: 86 21 3401 0106

<http://www.shanghai.diplo.de>

#### South Africa

Tel: 86 21 5359 4977

Email: [shanghai@foreign.gov.za](mailto:shanghai@foreign.gov.za)

#### UK

Tel: 86 21 3279 2000

<http://www.britishconsulate.sh.cn/>

#### Venezuela

Tel: 86 21 6391 7870

Email: [venezuelanshanghai@yahoo.com](mailto:venezuelanshanghai@yahoo.com)

### Family

#### Shanghai Chosen Families

Shanghai Chosen Families is a group committed to providing support, education and information to the parents of children with special learning needs and other challenges.

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[shanghaichosenfamilies@gmail.com](mailto:shanghaichosenfamilies@gmail.com)

The Essential Learning Group (ELG)  
Provides support, services, and testing for children with special needs including therapy, academic classes, and skills groups.

<http://www.chinaelg.com>

Special Education Network In Shanghai (SENISH)

SENISH is the local chapter of SENIA – Special Education Network, specifically for educators, professionals and parents of children with special learning needs (diagnosed or just struggling in school ) here in Shanghai.

Email: [SENISH.SENIA@gmail.com](mailto:SENISH.SENIA@gmail.com)

[http://www.senia.asis/?page\\_id=270](http://www.senia.asis/?page_id=270)

Olivia's Place

Offers occupational, physical and speech therapies, psychology services, and learning support services for children.

<http://www.oliviasplace.org>

Bumps & Babes

Bi-monthly support group for expecting and new parents. Helps families with young children adjust to life in Shanghai

<http://www.bumpsbabes.com>

SHARE

A resource-sharing group for those who homeschool their children.

Email: [shanghaihomeschool@yahoo.com](mailto:shanghaihomeschool@yahoo.com)

Will Foundation

Learning Center for Disabled Orphans on ChongMing Island with opportunity to volunteer and GIVE of time and talents. This can be a means of having "time away" from the burdens of daily life.

<http://www.willfoundation.org>

Moms in Touch – Adult Children  
Prayer group for Mothers of adult children who are no longer in school who are still be praying for this important season in their child's life.

Email: [gchsun@gmail.com](mailto:gchsun@gmail.com)

Shanghai Women's Federation (SWF)  
Services for Women available, including Shanghai Family Education/Research and Association, Shanghai Marriage & Family Association.

Phone: 86 (021) 6433 0001

Books for Surviving Infidelity

After the Affair by Janis Abrahms Spring  
Getting Past the Affair by Snyder, Baucom, and Gordon

Surviving Infidelity by Subotnic and Harris  
Not Just Friends By Shirley P. Glass

How To Help Your Spouse Heal From Your Affair by Linda J. McDonald

The Five Love Languages by Gary Chapman  
Even the broken tree bears fruit - Rick Warren

*Whenever there is shadow, there is light. We can turn from the Shadow and turn to the light*

### Health

CancerFund

Comprehensive cancer support group based in Hong Kong with two support centers in Shanghai hospitals (one at Shanghai East).

<http://www.cancer-fund.org>

Sexual Health Shanghai

Website with information on HIV/AIDS, other STDs and sexual health for Shanghai expat community.

<http://www.shshanghai.com>

## Mental Health

Community Center Shanghai (CCS)

Counseling Service

[Pudong/Puxi/Hongqiao]

Offers a team of international, highly educated and experienced counselors and clinical psychologists. Each counselor has professional expertise and personal approach to therapy. This may include behavioral, cognitive, narrative, play and systems therapy. Counseling is available for adults, teens, children, couples, and families.

<http://communitycenter.cn/counseling>

Care Corner

A Local Chinese Counseling Center.

Tel: 86 21 6448 1101

SIMHA

An association of mental health professionals working in the Shanghai expat community. Their website hosts a register of therapists, counselors, psychiatrists and other mental health professionals.

<http://s-imha.org>

LIFELINE

A confidential HELPLINE providing emotional support for the expatriate community. It also provides information on living in Shanghai (housing issues, healthcare, relocation, working life, and more.)

Tel: 021 6279 8990 [10 am – 10pm, 365 days per year]

[www.lifeline-shanghai.com](http://www.lifeline-shanghai.com)